

# CLASSES & TECHNOLOGY

## AUGUST 2015

### EXERCISE CLASS:

#### **Cardio Kick Boxing**

**Tuesdays 5 p.m. Bluford Branch**

**Tuesdays 6 p.m. Bluford Branch**

Classes are limited to the first 65 people who arrive for any particular time-slot.

#### **Strength & Endurance Training**

**Thursdays 6 p.m. Bluford Branch**

Classes are limited to the first 65 people who arrive

#### **Full Body Chair Fitness**

**Thursdays 9 a.m. Bluford Branch**

**Fridays 9:30 a.m. North-East Branch**

#### **Getting Back 2 Better**

**Thursdays 5 p.m. North-East Branch**

Chronic Disease Management Workshop. Open to all adults and free of charge.

#### **Yoga**

**Sunday, August 2<sup>nd</sup>**

**2 p.m. | Waldo Branch, 201 E. 75th St.**

### RUIZ SEED LIBRARY WORKSHOP

#### **Healthy Everyday Cooking**

**Saturday, August 1<sup>st</sup>**

**10:30 a.m. | I.H. Ruiz Branch, 2017 W. Pennway**

#### **ESL (English as a Second Language)**

**Thursdays 10 a.m. North-East Branch**

**Tuesdays 10 a.m. and 6 p.m. North-East Branch**

These free classes teach basic English skills: reading, writing, and conversation. For information call **816.701.3485**.

**Mondays - Fridays 9 a.m. Central Library**

ESL classes are small, with excellent one-on-one help in areas of conversation, pronunciation, grammar, math, and American life. Classes are free. Please call **Estelle Manning** at **816.560.0135** for more information.

#### **Communiversity Spanish Class**

**Saturdays 10 a.m. North-East Branch**

Learn to speak conversational Spanish.

#### **High School Equivalency Classes (GED)**

**Mondays & Wednesdays 6 p.m. North-East Branch**

High School Equivalency classes at North-East and Waldo Branches are given through the Kansas City Public Schools. To attend, call **816.418.7150**.

#### **Crochet Crash Course**

**Tuesday, August 18<sup>th</sup>**

**3 p.m. | Westport Branch, 118 Westport Rd.**

#### **Knitting Crash Course**

**Tuesday, August 11<sup>th</sup> and 25<sup>th</sup>**

**3 p.m. | Westport Branch, 118 Westport Rd.**

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ALL CLASSES ARE FREE, BUT REGISTRATION IS REQUIRED. FOR MORE DETAILS OR TO ENROLL, PLEASE CALL THE SPECIFIED LOCATION.

# CLASSES & TECHNOLOGY

## AUGUST 2015

### Microsoft Excel Basics

**Tuesday, August 4<sup>th</sup>**

9:30 a.m. | Plaza Branch, 4801 Main St.

### How-to Websites

**Friday, August 7<sup>th</sup>**

10:30 a.m. | Bluford Branch, 3050 Prospect Ave.

### Computer Basics

**Saturday, August 1<sup>st</sup>**

10:30 a.m. | North-East Branch, 6000 Wilson Rd.

**Tuesday, August 4<sup>th</sup> and 25<sup>th</sup>**

11 a.m. | Sugar Creek Branch, 102 S. Sterling Ave.

**Tuesday, August 11<sup>th</sup>**

9:30 a.m. | Plaza Branch, 4801 Main St.

### Navigating Free Online Classes

**Friday, August 14<sup>th</sup>**

10:30 a.m. | Bluford Branch, 3050 Prospect Ave.

### Internet Basics

**Saturday, August 8<sup>th</sup>**

10:30 a.m. | North-East Branch, 6000 Wilson Rd.

**Tuesday, August 11<sup>th</sup>**

11 a.m. | Sugar Creek Branch, 102 S. Sterling Ave.

**Tuesday, August 18<sup>th</sup>**

9:30 a.m. | Plaza Branch, 4801 Main St.

### Library Databases

**Friday, August 21<sup>st</sup>**

10:30 a.m. | Bluford Branch, 3050 Prospect Ave.

### Email Basics

**Saturday, August 15<sup>th</sup>**

10:30 a.m. | North-East Branch, 6000 Wilson Rd.

**Tuesday, August 18<sup>th</sup>**

11 a.m. | Sugar Creek Branch, 102 S. Sterling Ave.

**Tuesday, August 25<sup>th</sup>**

9:30 a.m. | Plaza Branch, 4801 Main St.

### Microsoft Excel Basics

**Saturday, August 22<sup>nd</sup>**

10:30 a.m. | North-East Branch, 6000 Wilson Rd.

### Library Catalog and More

**Friday, August 28<sup>th</sup>**

10:30 a.m. | Bluford Branch, 3050 Prospect Ave.

#### Central

14 W. 10th St.  
816.701.3400

#### L. H. Bluford

3050 Prospect Ave.  
816.701.3482

#### North-East

6000 Wilson Rd.  
816.701.3485

#### Plaza

4801 Main St.  
816.701.3481

#### I. H. Ruiz

2017 W. Pennway St.  
816.701.3487

#### Southeast

6242 Swope Pkwy.  
816.701.3484

#### Sugar Creek

102 S. Sterling Ave.  
816.701.3489

#### Trails West

11401 E. 23 St.  
816.701.3483

#### Waldo

201 E. 75th St.  
816.701.3486

#### Westport

118 Westport Rd.  
816.701.3488