Before You Visit an Agency:

- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.
Reconciliation Services (1 mile) 816.931.4751 • 3101 Troost Ave
Tues & Thurs: 9 am - 1 pm & 2 pm – 5 pm or by appointment online at rs3101.org

Transitional & Permanent Housing
- Amethyst Place, Inc. (1.3 miles) 816.231.8782 • 24hr services
  Woman in drug/alcohol recovery & referral is NECESSARY
- City Union Mission (2 miles) 816.474.4599 • 1310 Wabash Ave
  Emergency shelter; open 24/7 (call for availability)
- Community LINC (2.1 miles) 816.531.3727 • 4012 Troost
  Mon – Fri: 8:30 am – 4:30 pm

Journey to New Life (1 mile) 816.960.4808 • 3120 Troost Ave
Tues, Thurs: 9 am – 3 pm Justice-Involved (call for appointment)

True Light Family Resource Center (1.2 miles) 816.531.1300 • 717 E 31st St
Mon – Fri: 8:30 am - 3 pm Day shelter for women

Utility & Rent Assistance
- Bishop Sullivan Center (2 miles) 816.561.8515 • 3936 Troost Ave
  Apply at bishopsullivan.org
- Journey to New Life (1 mile) 816.960.4808 • 3120 Troost Ave
  Tues, Thurs: 9 am – 3 pm Justice-Involved (call for appointment)
- Metropolitan Lutheran Ministry (1.3 miles) 816.931.0027 • 3031 Holmes
  Mon - Fri: 8 am - 5 pm
  Home repair assistance; must meet income guidelines (call for appointment)
- Reconciliation Services (1 mile) 816.931.4751 • 3101 Troost Ave
  Mon - Fri: 11 am - 5 pm
  Home repair assistance; must meet income guidelines (call for appointment)
- Reconciliation Services (1 mile) 816.931.4751 • 3101 Troost Ave
  Water bill assistance
- Redemptorist Social Services (2 miles) 816.708.4880 • 207 Linwood Blvd
  Call Friday at 8:30 am for appointment, limited availability
- Seton Center (2.0 miles) 816.581.4781 • 2816 E 23rd St
  Call last business day of the month at 8 am, first 20 callers taken; must meet income guidelines

Food / Toiletry Pantries
- Bishop Sullivan Center (2 miles) 816.561.8515 • 3936 Troost Ave
  Mon - Thurs: 9:00 am - 12 pm
- Central Presbyterian Church (1.6 miles) 816.931.2515
  Mon - Fri: 9 am – 4:30 pm
  3501 Campbell St
  Wed: 8 am – 12 pm; 64109 residents
- Journey to New Life (1.0 miles) 816.960.4808 • 3120 Troost Ave
  Tues, Thurs: 9 am – 3 pm justice-Involved (call for appointment)
- Metropolitan Lutheran Ministry (1.3 miles) 816.931.0027 • 3031 Holmes
  Mon: 8:30 am - 11 am
  Boxed food & sack lunches
- Morning Star Missionary Baptist Church (0.5 miles) 816.923.3559
  2411 E 27th St
  3rd Wed: 10 am - 12 pm
  First 30 guests served; requires picture ID
- Palestine Missionary Baptist Church (1.2 miles) 816.921.6009 • 3619 E 35th St
  1st, 2nd, & 4th Wed: 8:30 am - 11:30 am
  3rd Sat: 7 am - 10 am
- Neighbor2Neighbor (0.7 miles) 816.606.4509 • 3551 Wabash
  Wed & Fri: 10 am - 11:45 am
  Clothing Closet
- Palestine Senior Center (0.5 miles) 816.921.1963 • 3325 Prospect Ave
  Mon, Tues, Thurs: 9:30 am - 12:30 pm (call for reservation)
- Redemptorist Social Services Center (2 miles) 816.931.9942
  207 W Linwood Blvd
  Mon - Thurs: 10 am - 1 pm (Walk-up Hours)
- St. Augustine Episcopal Church (0.6 miles) 816.921.8534
  2732 Benton Blvd (call for details)
- Seton Center (2 miles) 816.231.3955 • 2816 E 23rd St
  Mon - Fri: 8:30 am - 11:30 am & 12:30 pm - 4 pm
  Must provide proof of address, ID, SS Card, and proof of income, for 21-day supply of food, every 3 weeks
- Trinity United Methodist Church (1.7 miles) 816.931.1100 • 620 E Armour Blvd
  Mondays 11 am – 1 pm
  Emergency pantry

Victorious Life Church (1.1 miles) 816.561.3619 • 3400 Dr. Martin Luther King Jr. Blvd
  2nd & 4th Sun: 12 pm - 3 pm
  Requires picture ID

Free Meals
- Neighbor2Neighbor (0.7 miles) 816.606.4509 • 3551 Wabash Ave
  Mon - Fri: 9 am - 12 pm (sack meals)
  True Light Center (1.2 miles) 816.381.9310 • 717 E 31st St
  Sat: 8 am – 10 am
- Thelma’s Kitchen (1 mile) 816.931.4751 • 3101 Troost Ave
  Mon - Fri: 11 am - 2 pm
  (order online & at the pick-up & to-go window)
- Trinity United Methodist Church (1.7 miles) 816.931.1100 • 620 E Armour Blvd
  Mon 12 pm - 1 pm
  Sat: 11:30 am – 12:30 pm
  One City Café (2 miles) 816.561.8515 • 3936 Troost Ave
  Mon - Fri: 12-1 pm Lunch
  Mon - Fri: 4:30 pm - 6 pm Dinner
- Kids Café at the Bluford Branch 816.701.3482 • 3050 Prospect
  Mon - Fri: 3:30 pm - 4:30 pm
  To go meals for children ages 1-18
- Starlight Missionary (0.9 miles) 816.924.3171 • 2844 Askew
  Sun 9:30 am - 12:45 pm Lunch
  Wednesday 12 pm - 1 pm Lunch
  Wednesday 6:30 pm – 8 pm Dinner

Youth
- Home Room Health: The Hangout (1.1 miles) 816.601.2375
  1106 E 30th St Suite B
  Mon - Fri: 9 am – 5 pm
  hangout / resource center; ages 13-24
- PRIDE Haven (1.1 miles) 816.931.0602 • 3109 Campbell St
  Mon - Sat: 10 am – 9 pm
  LGBTQIA young adults, ages 18-24