

Emergency Help

General Resources: dial 211

Adult Abuse Hotline 816-881-3974

Bishop Sullivan Center

816-231-0984 6435 Truman Rd.

816-561-8515 3936 Troost Ave.

Rent and utility assistance, employment assistance, clothing.

Catholic Charities Welcome Center 816-221-4377

4001 Blue Pkwy #250 *day room, utilities, referrals*

Child Abuse Hotline 800-392-3738

Community Action Agency 816-358-6868

utility assistance, case management, youth services

Della Lamb 816-842-8040

citizenship, ESL, rent/utility assistance, food, clothing

Domestic Violence Hotline 1-816-HOT-LINE

Don Bosco Center 816-691-2900

580 Campbell senior assistance

Drug/Alcohol Crisis Hotline 816-361-5900

First Call alcohol/drug prevention & recovery

Harvester's SNAP Line 816-929-3300 *food stamps*

Journey to New Life 816-960-4808

3120 Troost Ave reentry focused resources

KC Anti-Violence LGBTQ Hotline 816-561-0550

domestic violence, sexual assault, hate violence

KCRM Women's Center 816-348-3287 *residential substance use treatment for women experiencing homelessness.*

Legal Aid 816-474-6750 4001 Blue Pkwy #300

Mental Health Crisis Line 888-279-2132

Metropolitan Lutheran Ministry 816-931-0027

3031 Holmes food, utilities, ID, diapers

MidAmerica Assistance Coalition

816-421-4980 senior assistance

Neighbor2Neighbor 3531 Wabash Ave.

Meals, clothing, case management.

Rape/Sexual Abuse Hotline 816-531-0233

Reconciliation Services 816-931-4751

3101 Troost Ave rent, utilities, food, employment

Rose Brooks Center 816-861-6100

domestic violence

Salvation Army 816-483-8484

rent, utilities, food, prescriptions, etc.

Suicide Hotline 800-784-2433

Transgender Lifeline 877-565-8860

True Light Family Resource Center 816-561-1700

712 E. 31st St. case management, clothing, utility

assistance, diapers, toiletries, etc.

Veteran's Community Project 816-599-6503

bus passes, employment assistance, legal services

Emergency Shelters

City Union Mission 816-474-4599

Men's shelter & family shelter

Crossroads Family Shelter 816-252-3200

Independence MO, families, 30-60 day program

KC Rescue Mission 816-421-7643

reStart Emergency Shelter 816-547-8487

1444 E 8th St. M-F 10 AM—12:30 PM

Employment

Connections to Success

816-561-5115 300 W. Linwood Blvd.

Full Employment Council

816-474-6401 1601 E 18th St.

GoodWORKS Career Center

816-842-7425 1817 Campbell St.

H&R Block Business & Career Center

Central Library

816-701-3717 14 W 10th St, 3rd floor

Health

Comprehensive Mental Health Services

816-254-3652 Independence, MO

Good Samaritan Project

816-561-8784 3030 Walnut *HIV&AIDS services*

KC CARE Clinic

816-753-5144 3515 Broadway

Dental: 2340 E. Meyer Blvd.

KC Medicine Cabinet 816-276-7517

Prescriptions, dental, diabetic supplies, eyeglasses

KC Health Department 816-513-6008 2400 Troost

Ave. Immunizations, STD testing, birth certificates, etc.

Research Psychiatric Center 816-444-8161

2323 E 63rd St. 24/7 crisis line 816-235-8162

Swope Health Services 816-923-5800

3801 Blue Pkwy.

Medical, dental, & behavioral health

Truman Behavioral Health 816-404-5700

300 W 19th Terrace

UMKC Community Counseling 816-235-2725

615 E. 52nd St., Suite 212

Low & no cost mental health services

Veteran's Administration Medical Center

816-861-4700 4801 Linwood Blvd.

Transitional & Permanent Housing

Hillcrest Transitional Housing 816-461-0468

401 N Spring Street Independence, MO

Adults, couples, and families

Housing Authority Voucher Choice Program

816-968-4100 299 Paseo Blvd.

applications taken 8:30 AM-11:30 AM daily

HUD Housing Referral & Counseling

800-569-4287

reStart Housing Solutions Center 816-472-5664

1444 E 8th St M-F 10 AM—12:30 PM

ID & Vital Records Assistance

Morning Glory Ministries

816-842-0416 416 W 12th St.

Hope Faith Ministries

816-471-4673 705 Virginia Ave.

Reconciliation Services

816-931-4751 3101 Troost Ave.

Shower Facilities

Hope Faith Ministries

816-471-4673 705 Virginia Ave.

KC Rescue Mission

816-421-7643 1520 Cherry St. *Men only

Swope Health Services

816-923-5800 3801 Blue Pkwy.

**With medical appointments only*

True Light Ministries

816-531-1300 719 E. 31st St *Women only

Youth

Halo Worldwide 816-472-4256 or 816-590-4493

Housing, education, art therapy, etc. youth 5-23

Mother's Refuge (816) 353-8070

must be 21 or younger and pregnant

National Runaway Safeline 1-800-786-2929

reStart Youth Emergency Shelter 816-309-3048

Youth 12-18

Street Outreach Services (Safe Place)

816-204-6747 *youth 22 and under*

Synergy House Emergency Youth Shelter

816-741-8700 *youth 12-18*

Food/Toiletry Pantries

Please call to confirm pantry hours

Bishop Sullivan Center

816-231-0984 6435 Truman Rd
1:30 - 4 Monday - Thursday
816-561-8515 3936 Troost Ave
9-12:30 Monday - Thursday

Blue Hills Church of the Nazarene 816-523-2833

10306 Blue Ridge Blvd.
2nd Tuesdays 10 am - 2 pm

Community Progressive Church 816-921-7016

4920 E. 31st St.
Tues & Fri 8 am - 12 pm; 1st Wed 8 AM

Covenant Presbyterian Church 816-444-3693

5931 Swope Parkway
Mon - Fri 9 am - 12:45 pm

Della Lamb 816-842-8040

500 Woodland Ave.
Fridays 8:30 am - 10:30 am

Episcopal Community Services 816-931-2850

11 E. 40th St.
Tues & Fri 10 am -12 pm; Wed 5:30 pm - 7:30 pm

Guardian Angels Church 816-931-4351

1310 Westport Rd.
Tues - Thurs 9 am - 12 pm; 1 pm - 3 pm

Kansas City Indian Center 816-421-7608

600 W. 39th St.
Mon - Fri 8:30 - 4:30

Memorial Church International 816-363-7939

11424 Hickman Mills Dr.
Thursdays 1 pm - 2 pm

Metropolitan Missionary Baptist Church

816-923-3689 2310 E. Linwood Blvd.
2nd & 4th Tuesdays 9:30 am - 11 am

Morning Star Baptist Church 816-923-3559

2411 E. 27th St.
3rd Wednesdays 10:45 am - 12:45 pm

Palestine Senior Center 816-921-1963

3325 Prospect Ave.
Tues - Thurs 9:30 am - 1 pm

Redemptorist Center 816-931-9942

207 W. Linwood Blvd.
Mon - Fri 10 am - 11:45 am

Salvation Army-Westport 816-753-6040

500 W. 39th St.
Tues & Thurs 1:30 pm - 2:30 pm
Wednesday 10 am - 11 am

St. James United Methodist Church 816-444-5588

5540 Wayne

Free Meals

Breakfast

Hope Faith Ministries 705 Virginia Ave
Monday - Saturday 8:30 am - 10 am

KC Community Kitchen 750 Paseo
Monday - Friday 7 am - 9 am

Morning Glory Café 416 W. 12th St.
Tuesday - Friday 7:15 am - 8:30 am

Neighbor2Neighbor 3551 Wabash
Monday - Friday 9:30 am -10:30 am

Lunch

City Union Mission Men's Shelter 1100 E. 11th St.
Monday - Saturday 11:30 am - 12:30 pm
Sunday 2:30 pm - 3 pm

Food Not Bombs 9th & Harrison Fridays 3 pm

Hope Faith Ministries 705 Virginia Ave.
Monday - Friday 11 am - 12:30 pm
Saturday 11 am - 1:30 pm

KC Community Kitchen 750 Paseo
Monday - Friday 11 am - 2 pm

Morning Glory Café 416 W. 12th St.
Saturday 12 pm - 12:45 pm, Sunday 1 pm - 2 pm

Salvation Army 3013 E. 9th St.
Monday - Friday 11:30 am - 12:30 pm

Thelma's Kitchen 3101 Troost Ave.
Monday - Friday 11 am -2 pm

Trinity UMC 620 E. Amour Blvd.
Monday 12 pm - 1 pm, Saturday 12 pm-1pm

True Light Ministries (women & children only) 719 E. 31st St.
Monday - Friday 12 pm -1 pm

Neighbor2Neighbor 3551 Wabash
Monday - Friday 11 am -12:30 pm

Dinner

City Union Mission Men's Shelter 1100 E. 11th St. M-Sat 5pm

Food Not Bombs Independence Ave & Monroe Sundays 4 pm

KC Rescue Mission 1520 Cherry St.
Monday - Sunday Arrive by 7 pm, food served at 7:30 pm

Micah Ministries 606 Gladstone Blvd Monday 5:30 pm - 7 pm

Bishop Sullivan Center 3936 Troost Monday- Friday 4:30-6pm

Kid's Café at KC Public Library

Healthy meal provided for children ages 1-18
Bluford 3050 Prospect Mon-Fri 3:30 pm - 4:30 pm
Southeast 6242 Swope Pkwy Mon-Thurs 2:30 pm - 3:30 pm
Waldo 201 E. 75th St. Tues - Thurs 3:30- 4:30 pm

Kansas City EMERGENCY HELP & COMMUNITY RESOURCES

THE KANSAS CITY
PUBLIC LIBRARY

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