

Emergency Help

General Resources: dial 211

Adult Abuse Hotline 816-881-3974

Bishop Sullivan Center

816-231-0984 6435 Truman Rd.

816-561-8515 3936 Troost Ave.

Rent, utility, & employment assistance, clothing.

Catholic Charities Welcome Center 816-221-4377

4001 Blue Pkwy #250 *utilities, referrals*

Child Abuse Hotline 800-392-3738

Community Action Agency 816-358-6868

utility assistance, case management, youth services

Della Lamb 816-842-8040

rent/utility assistance, food, clothing

Domestic Violence Hotline 1-816-HOT-LINE

Don Bosco Center 816-691-2802

580 Campbell *senior assistance*

Drug/Alcohol Crisis Hotline 816-361-5900

First Call alcohol/drug prevention & recovery

Harvester's SNAP Line 816-929-3300 *food stamps*

Journey to New Life 816-960-4808

3120 Troost Ave *reentry focused resources*

KC Anti-Violence LGBTQ Hotline 816-561-0550

domestic violence, sexual assault, hate violence

KCRM Women's Center 816-348-3287 *residential substance use treatment for women experiencing homelessness.*

Legal Aid 816-474-6750 4001 Blue Pkwy #300

Mental Health Crisis Line 888-279-2132

Metropolitan Lutheran Ministry 816-931-0027

3031 Holmes *food, utilities, ID, diapers*

MidAmerica Assistance Coalition

816-561-2727 *senior assistance*

Neighbor2Neighbor 3531 Wabash Ave.

Meals, clothing, case management

Rape/Sexual Abuse Hotline 816-531-0233

Reconciliation Services 816-931-4751

3101 Troost Ave *rent, utilities, food, employment*

Rose Brooks Center 816-861-6100

domestic violence

Salvation Army 816-483-8484

rent, utilities, food, prescriptions, etc.

Suicide Hotline 800-784-2433

Transgender Lifeline 877-565-8860

True Light Family Resource Center 816-561-1700

712 E. 31st St. *case management, clothing, utility assistance, diapers, toiletries, etc.*

Veterans Community Project 816-599-6503

bus passes, employment assistance, legal services

Emergency Shelters

City Union Mission 816-474-4599

Men's shelter & family shelter

Crossroads Family Shelter 816-252-3200

Independence MO, families, 30-60 day program

Shelter KC 816-421-7643

reStart Emergency Shelter 816-472-5664

1444 E 8th St. Mon - Fri 10 am - 12:30 pm

Employment

Connections to Success

816-561-5115 300 W. Linwood Blvd.

Full Employment Council

816-471-2330 1740 The Paseo

GoodWORKS Career Center

816-842-7425 1817 Campbell St.

H&R Block Business & Career Center

Central Library

816-701-3717 14 W 10th St, 3rd floor

Women's Employment Network

816-822-8083 920 Main #100

Health

Comprehensive Mental Health Services

816-254-3652 Independence, MO

Good Samaritan Project

816-561-8784 5008 Prospect Ave.

HIV & AIDS services

KC CARE Health Center

816-753-5144 3515 Broadway

Dental: 2340 E. Meyer Blvd.

KC Medicine Cabinet 816-276-7517

Prescriptions, dental, diabetic supplies, eyeglasses

KC Health Department 816-513-6008 2400 Troost

Ave. *Immunizations, STD testing, birth certificates, etc.*

Research Psychiatric Center 816-444-8161

2323 E 63rd St. 24/7 *crisis line* 816-235-8162

Samuel U. Rodgers Health Center 816-474-4920

825 Euclid Ave. *Medical, dental, & behavioral health*

Swope Health Services 816-923-5800

3801 Blue Pkwy.

Medical, dental, & behavioral health

Truman Behavioral Health 816-404-5700

300 W 19th Terrace

UMKC Community Counseling 816-235-2725

615 E. 52nd St., Suite 212

Low & no cost mental health services

Kansas City VA Medical Center

816-861-4700 4801 Linwood Blvd.

Transitional & Permanent Housing

Hillcrest Transitional Housing 816-461-0468

401 N Spring Street Independence, MO

Adults, couples, and families

Housing Authority of Kansas City

816-968-4100 299 Paseo Blvd.

applications taken Mon - Fri 8:30 am - 11:30 am

HUD Housing Referral & Counseling

800-569-4287

reStart Housing Solutions Center 816-472-5664

918 East 9th St. *applications taken:*

Mon & Fri 8:00 am - 10:00 am

Tues & Thurs 2:00 pm - 4:00 pm

Wed 5:00 pm - 7:00 pm

ID & Vital Records Assistance

Morning Glory Ministries

816-842-0416 1112 Broadway Blvd.

Hope Faith Homeless Assistance Campus

816-471-4673 705 Virginia Ave.

Reconciliation Services

816-931-4751 3101 Troost Ave - entrance on 31st St.

Metropolitan Lutheran Ministry

816-931-0027 3031 Holmes

Shower Facilities

Hope Faith Homeless Assistance Campus

816-471-4673 705 Virginia Ave.

Shelter KC

816-421-7643 1520 Cherry St. **Men only*

Swope Health Services

816-923-5800 3801 Blue Pkwy.

**With medical appointments only*

True Light Family Resource Center - Emancipation

Station

816-531-1300 717 E. 31st St **Women only*

Youth

Halo Worldwide 816-472-4256 or 816-590-4493

Housing, education, art therapy, etc. youth 5-23

Mother's Refuge (816) 353-8070

must be 21 or younger and pregnant

National Runaway Safeline 1-800-786-2929

reStart Youth Emergency Shelter

816-309-9048 *Youth 12-18*

Street Outreach Services (Safe Place)

816-204-6747 *youth 22 and under*

Food/Toiletry Pantries

Bishop Sullivan Center

6435 Truman Rd 816-231-0984
1:00 pm - 4:00 pm Mon - Thurs
3936 Troost Ave 816-561-8515
9:00 am - 12:30 pm Mon - Thurs

Hope Rocks 816-214-4900

534 E 99th St
2nd Tuesdays 10:00 am - 2:00 pm
(call for an appointment)

Community Progressive Church 816-921-7016

4920 E 31st St.
Tues & Fri 8:00 am - 12:00 pm; 1st Wed 8:00 am

Covenant Presbyterian Church 816-444-3693

5931 Swope Parkway
Mon - Fri 9:00 am - 12:45 pm

Della Lamb 816-842-8040

500 Woodland Ave.
Fridays 8:30 am - 10:30 am

St. Paul's Episcopal Community Services 816-931-2850

11 E. 40th St.
Tues & Fri 10 am - 12 pm; Wed 5:30 pm - 7:30 pm

Guardian Angels Church 816-931-4351

1310 Westport Rd.
Mon 9:00 am - 12:30 pm; Tues - Thurs 1 pm - 3 pm

Kansas City Indian Center 816-421-7608

600 W. 39th St.
Fridays 1:00 pm - 2:00 pm

Memorial Church International 816-363-7939

11424 Hickman Mills Dr.
Thursdays 10:00 am - 2:00 pm

Metropolitan Missionary Baptist Church 816-923-3689

2310 E. Linwood Blvd.
2nd & 4th Tuesdays 9:30 am - 11:00 am

Morning Star Missionary Baptist Church 816-923-3559

2411 E. 27th St.
3rd Wednesdays 11:45 am - 1:45 pm

Palestine Senior Center 816-921-1963

3325 Prospect Ave.
Mon, Tues & Thurs 9:30 am - 12:30 pm

Redemptorist Social Services Center 816-931-9942

207 W. Linwood Blvd.
Mon - Thurs 10:00 am - 12:00 pm

Trinity United Methodist Church 816-931-1100

620 E. Armour Blvd.
Mondays 10:00 am - 1:00 pm

St. James United Methodist Church 816-444-5588

5540 Wayne
2nd, 3rd, & 4th Wednesdays 4:30 pm - 6:00 pm

Free Meals

Breakfast

Hope Faith Homeless Assistance Campus 705 Virginia Ave

Mon - Sat 8:30 am - 10:00 am

Morning Glory Café 1112 Broadway Blvd.

Tues - Fri 7:15 am - 8:30 am

Neighbor2Neighbor 3551 Wabash

Mon - Fri 9:30 am - 10:30 am

True Light Family Resource Center Emancipation Station

717 E. 31st St. Saturdays 7:30 am - 9:00 am

Lunch

City Union Mission Men's Shelter 1108 E. 10th St.

Mon - Sat 11:30 am - 12:30 pm
Sun 2:30 pm - 3:00 pm

Hope Faith Homeless Assistance Campus 705 Virginia Ave

Mon - Fri 11:00 am - 12:30 pm
Sat 11:30 am - 1:30 pm

KC Community Kitchen 750 Paseo

Mon - Fri 11:00 am - 2:00 pm

Morning Glory Café 1112 Broadway Blvd.

Sat 12 pm - 12:45 pm, Sun 1:00 pm - 2:00 pm

Salvation Army 3013 E. 9th St.

Mon - Fri 11:00 am - 12:30 pm

Thelma's Kitchen 3101 Troost Ave.

Mon - Fri 11:00 am - 2:00 pm

Trinity UMC 620 E. Amour Blvd.

Mon 12:00 pm - 1:00 pm, Sat 11:30 am - 1:00 pm

True Light Ministries (*women & children only*) 719 E. 31st St.

Mon - Fri 12:00 pm - 1:00 pm

Neighbor2Neighbor 3551 Wabash

Mon - Fri 11:00 am - 12:30 pm

Dinner

City Union Mission Men's Shelter 1108 E. 10th St.

Mon - Sat 5:30 pm

Food Not Bombs Independence Ave & Monroe Sundays 4 pm

Shelter KC 1520 Cherry St.

Mon - Sun Arrive by 7:00 pm, food served at 7:30 pm

Micah Ministries 606 Gladstone Blvd Monday 5:30 pm - 7 pm

One City Café 3936 Troost Ave

Mon - Fri 4:30 pm - 6:00 pm

Kid's Café at KC Public Library

Healthy meal provided for children ages 1-18

Bluford 3050 Prospect Mon - Fri 3:30 pm - 4:30 pm

North-East 6000 Wilson Rd Mon, Tues, Thurs 4-5:00 pm

Southeast 6242 Swope Pkwy Mon - Thurs 3:00 pm - 4:30 pm

Waldo 201 E. 75th St. M - Fri 3:45 pm - 4:45 pm

Trails West 11401 E 23rd St M - Th 4:00 pm - 5:00 pm

Kansas City EMERGENCY HELP & COMMUNITY RESOURCES

THE KANSAS CITY
PUBLIC LIBRARY

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