Before You Visit an Agency:
- Call the organization directly to confirm services and operating hours.
- Ask if you need any documentation to be eligible for their services.

Updated Quarterly
Winter 2022
FOOD / TOILETRY PANTRIES
► Bishop Sullivan Center (1 mile) 816.561.8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am - 4:30 pm
► Catholic Charities Welcome Center (4 miles) 816.659.8270
4001 Dr. Martin Luther King Jr. Blvd #250
Mon-Thurs 1:00 pm - 3:30 pm
Hygiene items, diapers & food
► Community Christian Church (1 mile) 816.561.6531 ● 4601 Main St
Tues-Thurs 9:00 am - 12:00 pm
Last 2 weeks of month, requires picture
ID. Schedule appointment by phone or online. Closed when KC MO schools close.
► Food Equality Initiative ● 816.800.0884
Referral required for gluten-free & allergen-free food delivery in KS & MO
contactfoodequalityinitiative.org
► Jewish Family Services (3 miles) 913.327.8250 ● 425 E 63rd St
Mon-Fri 8:00 am - 5:00 pm
Call before you come by appointment
► Journey to New Life (1.7 miles) 816.960.4808 ● 3120 Troost Ave
Mon-Fri 8:30 am - 3:30 pm
Reentry & Veterans (call for appointment)
► Linwood United Church (2.6 miles) 816.923.3213 ● 3151 Olive St
Sat 11:00 am - 12:30 pm
► Neighbors2Neighbor (2.3 miles) 816.606.4509 ● 3551 Wabash Ave
Mon-Fri 9:00 am - 10:30 am Breakfast
Mon-Fri 11:00 am - 12:30 pm Lunch
► One City Cafe (1 mile) 3936 Troost Ave
Mon-Fri 12:00 pm - 1:00 pm Lunch
Mon-Fri 4:30 pm - 6:00 pm Dinner
► Redemptorist Social Services Center (2 miles) 816.931.9942 ● 207 W Linwood Blvd
Mon-Fri 10:00 am - 1:00 pm Lunch bags
► Thelma’s Kitchen (2 miles) 816.931.4751 ● 3101 Troost Ave
Mon-Fri 11:00 am - 2:00 pm Lunch boxes - $3 minimum donation
► Trinity United Methodist Church (1 mile) 816.931.1100 ● 620 E Armour Blvd
Mon 12:00 pm - 1:00 pm
Sat 11:30 am - 12:30 pm
► True Light Family Resource Center (1 mile) 816.381.9310 ● 717 E 31st St
Sat 7:30 am - 9:00 am Breakfast
► Westport Presbyterian Church
201 Westport Rd
Sun 8:00 am - 9:30 am Breakfast items
Mon-Fri 11:00 am - 12:00 pm Lunch bags

FREE MEALS
► Linwood United Church (2.6 miles) 816.923.3213 ext.1 ● 3151 Olive St
Sat 11:00 am - 12:30 pm
► Neighbors2Neighbor (2.3 miles) 816.606.4509 ● 3551 Wabash Ave
Mon-Fri 9:00 am - 10:30 am Breakfast
Mon-Fri 11:00 am - 12:30 pm Lunch
► One City Cafe (1 mile) 3936 Troost Ave
Mon-Fri 12:00 pm - 1:00 pm Lunch
Mon-Fri 4:30 pm - 6:00 pm Dinner
► Redemptorist Social Services Center (2 miles) 816.931.9942 ● 207 W Linwood Blvd
Mon-Fri 10:00 am - 1:00 pm Lunch bags
► Thelma’s Kitchen (2 miles) 816.931.4751 ● 3101 Troost Ave
Mon-Fri 11:00 am - 2:00 pm Lunch boxes - $3 minimum donation
► Trinity United Methodist Church (1 mile) 816.931.1100 ● 620 E Armour Blvd
Mon 12:00 pm - 1:00 pm
Sat 11:30 am - 12:30 pm
► True Light Family Resource Center (1 mile) 816.381.9310 ● 717 E 31st St
Sat 7:30 am - 9:00 am Breakfast

ID & VITAL DOCUMENTS
► Metropolitan Lutheran Ministry (2 miles) 816.931.0027 ● 3031 Holmes
Voucher for MO Birth Certificate (call for appointment)
► Reconciliation Services (2 miles) 816.931.4751 ● 1006 Linwood Blvd
Mon-Fri 9:00 am - 5:00 pm (call for appointment)
Closed from 1:00 pm - 2:00 pm

TRANSITIONAL & PERMANENT HOUSING
► Journey to New Life (1.7 miles) 816.960.4808 ● 3120 Troost Ave
Mon-Fri 8:30 am - 3:30 pm
Reentry & Veterans (call for appointment)
► Transitions for Life (0.5 miles) 816.410.9252 ● 800 Westport Rd, Suite 1
Mon-Fri 9:00 am - 5:00 pm
Temporary housing for children and adults; ages sixteen and up
► True Light Family Resource Center (1.6 miles) 816.531.1300 ● 717 E 31st St
Mon-Fri 8:30 am - 3:30 pm
Day shelter for women

UTILITY & RENT ASSISTANCE
► Bishop Sullivan Center (1 mile) 816.561.8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am - 4:30 pm
Apply at bishopsullivan.org or call for appt
► Journey to New Life (1.7 miles) 816.960.4808 ● 3120 Troost Ave
Mon-Fri 8:30 am - 3:30 pm
Reentry & Veterans (call for appointment)
► Metropolitan Lutheran Ministry (2 miles) 816.931.0027 ● 3031 Holmes
Mon-Fri 9:00 am - 5:00 pm (call for appointment)
Closed from 1:00 pm - 2:00 pm
Rent, utilities, & home repair assistance
► Reconciliation Services (2 miles) 816.931.4751 ● 1006 Linwood Blvd
Mon-Fri 9:00 am - 5:00 pm
Closed from 1:00 pm - 2:00 pm
Utility assistance (call for appointment)
► SAVE, Inc. 816.531.8340. EXT 200
Emergency assistance (rent/deposits/utilities)

YOUTH
► The LightHouse Inc 816.916.4434 24/7 Hotline
► PRIDE Haven Youth Shelter (1.6 miles) 816.931.0602 ● 3109 Campbell St
LGBTQIA, ages 18-24

DOMESTIC VIOLENCE SERVICES
► Rose Brooks Center 816.861.6100 24/7 Hotline

EMPLOYMENT
► Bishop Sullivan Center (1 mile) 816.561.8515 ● 3936 Troost Ave
Mon-Thurs 9:00 am - 4:30 pm (call for appointment)
► Connections to Success (1 mile) 816.561.5115 ● 300 W Linwood Blvd
Mon-Fri 9:00 am - 4:00 pm (call for appointment)
► Goodwill of Western Missouri & Eastern Kansas (3.2 miles) 816.842.7425, EXT 2 ● 800 E 18th St
Thurs & Thurs 9:00 am - 2:00 pm
► Journey to New Life (1.7 miles) 816.960.4808 ● 3120 Troost Ave
Mon-Fri 8:30 am - 3:30 pm Reentry & Veterans (call for appointment)
► Second Chance (1 mile) 816.231.0450 ● 3100 Broadway, #302
Justice-Involved (call for appointment)
► Women’s Employment Network (1 mile) 816.822.8083 ● 4328 Madison Ave
Mon-Fri 9:00 am - 5:00 pm
Call for appointment or email from website https://kcwomn.org/home